

MATERNAL CHILD HEALTH EDUCATION 2019 SCHEDULE

Visit our website www.goodsamhosp.org/moms
To register online or call 800 435-7465
For questions call 368-5450

Early registration is suggested

Maternity Tour 1st Sunday of every month.
FREE, no appointment necessary. Meets
in the Birthing Center Lobby at 10:50am

January 6	February 3	March 3
April 7	May 5	June 2
July 7	August 4	September 1
October 6	November 3	December 1

Prepared Childbirth \$165.00 per couple
Continental Breakfast served
Sunday's 9:30am – 5pm
Includes tour of the Maternity Unit

January 20	February 24	March 24	April 28
May 19	June 23	July 28	August 25
September 22	October 27	November 17	December 29

Breastfeeding Saturday's Or Sunday's 10am – 1pm
&55.00 Includes New Mothers guide to Breastfeeding

January 13	February 9	March 10
April 27	May 5	June 22
July 7	August 3	September 8
October 5	November 3	December 7

Private tours during the week are done by appointment with the Maternity
 Consultant, please call: 1-888-332-MOMS (6667)

Infant/Child CPR & Safety \$50.00 per person
Two Consecutive Thursday's 6:30pm – 9:30pm

February 21 & 28	April 18 & 25	June 20 & 27
August 22 & 29	October 17 & 24	December 12 & 19

Newborn Care Class \$55.00 per couple
Tuesday's 7:00pm – 10:00pm

January 22	March 19	April 23	May 28	June 25
July 23	August 27	September 24	October 22	November 19

Note: On occasion, there may be a circumstance where a class date change may be necessary.